

HEIGHT AND WEIGHT LIMITS

HEIGHT

(feet and inches)

	Under 4 foot	4'1-4'3	4'4-4'6	4'7-4'9	4'10-5'0	5'1-5'3	5'4-5'6	5'7-5'9	5'10-6'0	6 foot plus	WEIGHT
Beginner	5	7	8	9	10	10.5	11.5	12	13	14	(stones)
W,T,C	6.5	7.5	8.5	9.5	10.5	11	12	12.5	13.5	14.5	
Experienced	7	8	9	10	11.5	12	13	13.5	14.5	15	