

COVID SAFETY ADVICE AT COURSES FOR HORSES

Here are the measures WE are taking to keep you safe:

- All staff wear gloves when handling commonly used equipment – eg. Girths, stirrups, reins etc
- All staff wash hands at regular intervals
- All commonly used equipment is disinfected or steam-cleaned between uses
- The toilet and office are disinfected daily
- All staff are observing 2m social distancing
- Indoor viewing gallery is closed
- As much as the weather permits, lessons will take place in separate arenas
- As usual, all lessons are one to one
- Any member of staff feeling unwell or with members of their household who are feeling unwell are to self-isolate until a Covid test has been done OR for 14 days
- No beginner lesson will take place UNLESS there is a competent member of the same household who can help them mount and do girth and stirrups

Here are the measures we are asking YOU to take to keep everyone safe:

- Use the loo before you leave home to limit the number of people using ours
- Wash your hands before you leave home or on arrival if that's not possible (soap and paper towels are available)
- Riders to wear gloves
- Have your own hat if possible. (If not, yard hats are still available and will be steam-cleaned after every use)
- If you sneeze or cough, try to do so into a paper towel. As most of us don't carry toilet rolls with us, sneeze or cough into your sleeve! If you use your hand by mistake (let's face it, most of do) avoid touching anything, including your own face, until you wash your hands or use hand sanitiser
- Remember that it is hayfever season and the horses are also moulting! There may be people sneezing and blowing their noses (especially Louise) – this is not a cause for alarm!
- Limit the number of spectators to one person per rider if possible – for over 18s who are driving themselves, none.
- Bear in mind that you will be spectating in the open air – please dress appropriately and don't use umbrellas as they may spook the horses
- Wait for a member of staff to bring you your horse or collect it from you
- If you normally untack your horse, please only do so if you are wearing gloves
- Keep 2m social distancing from all other people on the yard
- If you or any members of your household are feeling unwell, please don't come for your lesson. Our normal cancellation policy has been amended to 6 hours' notice, so you won't lose your lesson if you let us know within that time frame.
- Do not enter the office unless told to do so by a member of staff. Payments can still be made by card, cash or BACS. When making card or cash payments, observe the 2m rule with staff.